

welcome to Recuro Health

Proactive virtual care that prioritizes you.



Your Recuro Health virtual care services include:

Urgent care

24/7 access to board-certified doctors for treatment of common medical concerns with ongoing communication with your doctor.

Behavioral health (ages 10+)

Comprehensive behavioral health care is provided by licensed counselors, social workers and therapists with sessions available in as few as 48 hours¹.

Frequently asked questions:

What's virtual care? A service that helps you to reach a medical provider or therapist for a virtual visit by phone or online.

What's a visit fee? This is what you pay for each visit. Your fee for each urgent care or behavioral health visit will cost between \$0 to \$45, depending on your plan design.

Who can use the service? Virtual care is available to you and other members of your plan, including children up to the age of 26, and your spouse/domestic partner.

Who will I see? Medical care is provided by our licensed and board-certified physicians, physician assistants and nurse practitioners. Virtual counseling is provided by licensed therapists.

When should I use virtual care? When you need medical attention for a minor health concern or when you are facing an emotional or mental setback, Recuro provides a convenient and discreet way to get help on your schedule. You can access care anytime and anywhere – day or night, at home or when traveling. Medical care is available 24/7, and therapy visits can be scheduled in as few as 48 hours.



Your provider can help with:

- Allergies
- Cold, flu, cough
- Ear problems
- Anxiety, stress
- Depression
- And more

Get started with Recuro Health

- Go to member.alliedbenefit.com/login to register.
- Once you are registered, you can request a visit. With urgent care services, you can also have prescriptions sent to a local pharmacy for pickup.

If you have questions, call Recuro at 855-6RECURO (855-673-2876).

1 Subject to provider availability.

The Self-Funded Program through Allstate Benefits provides tools for employers owning small to mid-sized businesses to establish a self-funded health benefit plan for their employees. The benefit plan is established by the employer and is not an insurance product. Allstate Benefits is a marketing name for: Integen National Insurance Company in NY and VT; Integen Indemnity Corporation in FL; and National Health Insurance Company in CO, WA and all other states where offered. For employers in the Allstate Benefits Self-Funded Program, stop loss insurance is underwritten by these insurance companies in the noted states. Allstate Benefits is a marketing name for: Integen National Insurance Company in TX and IN; and National Health Insurance Company in MO and FL. Group health insurance plans offered by Allstate Benefits are offered by Integen National Insurance Company in TX and IN; and National Health Insurance Company in MO and FL.

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